

It's Art with our favorite people! Come make beautiful items with our friends from East Main Arts in June:



On June 6 from 12:30-2pm in the Arthur Center we will be **making glass pendants**. Many of you have taken this class with us before and know the pendants are such beautiful jewelry! I love the three I have made! Material costs per person for this class will be \$20. Sign up right away by calling Debbi in our office (585-1999).

SAVE THE DATE – WEDNESDAY, AUGUST 31ST 10:30 AM – 12:00 N

Put this on your calendar NOW – ***The Shepherd's Center's Summer Sizzler!*** Join us for live entertainment by Brian McCarn. We'll have singing, dancing, and refreshments! More information will be provided in your August schedule. Our Summer Sizzler Raffle Drawing will also be on this date!

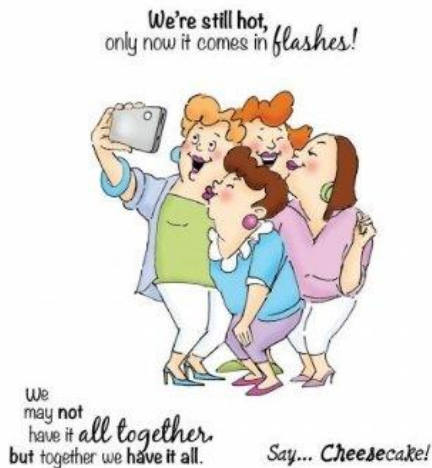


We're ***Painting It Up with Lilly*** again on Friday, June 3 from 11-1 in the Arthur Center. Lilly Simmons will be teaching this class and we will be painting a floral piece. No prior painting experience necessary! We will provide paints and brushes.

Please bring your own canvas (any size). FYI, the Dollar Tree on East Main past Walmart has a big supply of canvases right now in all sizes!



WILLS AND ESTATES will be a special lecture presented by our very own Laura Filler, Attorney at Law. Don't miss this one folks! Free legal advice and direction! Wednesday, June 8th, 11:30 – 12:30



SASSY LADIES will meet for lunch at 12:30 on Tuesday, June 14 at Apollos House of Pizza located at 8151 Warren H. Abernathy Hwy. We had a large crowd of 18 at our last meeting, so please RSVP this time to Merle Whistenant so we can have appropriate seating reserved at the restaurant. Merle's # is 864-504-2225.

You can check out Apollos menu here:

<https://www.apolloshouseofpizza.com/menus/>



YOGA/MINDFULNESS – Monday, June 20 from 11-12 in the social hall. This class can be done on a yoga mat or seated on the benches in the social hall. Come find your zen with us.

FYI – Our Yoga/Mindfulness class for JULY will take place at Ginger's studio Yogaunme located at the Healing Place on John B. White Blvd.

Date to be announced.



Are you or a loved one taking 5 or more medicines daily?

Do you have concerns about your medicines?

Are you worried about side effects? Drug interactions?

Consider a **Comprehensive Medication Review with a pharmacist.** Join us to learn more:

LEMONADE AND COOKIES WITH DR. ADRIENNE ABLES

On Wednesday, June 15, 2022 --- 10:00-11:00 am

Room 2200

Bring a family member or friend – everyone is welcome to attend!



Who's On First? Do you know your Shepherd's Center Board members? This summer you will have an opportunity to meet them in person in August at our Summer Sizzler

(watch for more info on this). For now, let's look at the line-up and begin to familiarize ourselves with the dedicated volunteers who make up the team serving as your board members:

President: **Dori Burgess**, Program Director for Alzheimer's Association of SC

Vice President/Treasurer: **Sandi Martin**, Owner of Home Instead Health Care

Secretary: **Katharine Slemenda**, Retired Chair of Education, Converse College and Shepherd's Center Member

Lori Boyd, Advocacy and Food System Coordinator, PAL

Teri Donahoo, Marketing and Public Relations, Spartanburg Regional Healthcare System

Roya Fayyazi, AmeriCorps State Program Director, Mental Health America

Jan Kehm, Program Director, Spartanburg Community College.

Geri-Caitlyn Padgett, Executive Director, Wren Hospice

Andrea Powell, Client Services Manager, Summit Hills

Mike Whitt, Corporate Development Director, United Way of the Piedmont

Audrey Williams, Outreach Executive, Oak Street Health

Tony DiMascio, Sales Manager, B&N Grading

Stacey Matsuda, President, Team Matsuda Realtors, LLC

Ariel Lee, Financial Advisor, Edward Jones

Robert Ravan, Retired US Postal Service and Shepherd's Center member

James Rice, Recreation Manager, City of Sptbg Parks, Recreation & Special Events

Board members serve a 3-year term and can serve two consecutive terms. They make a financial commitment equivalent to the cost of membership in Shepherd's Center. They serve on the Fundraising Committee and also one other standing committee. They meet as a board monthly and also meet in committees to conduct the business of our Center. The board is currently looking to fill an open slot with a Shepherd's Center member. If you would like to learn more about board service, please contact Debbi or Cindy in the office and we can provide you with more information.



Sizzling Summer Raffle

Purchase a ticket to win a
\$300 Visa Gift Card
for all your Summer Vacation needs!

1 ticket: \$5

5 tickets: \$20

**Drawing will be held on
Wednesday, August 31, 2022**

Purchase online at spartanburgshepherdcenter.org



HELP SUPPORT YOUR CENTER by purchasing your ticket today. You can get tickets from any board member, the Shepherd's Center staff, or online at our website.

Remember: The Shepherd's Center will close June 27 for our summer break and will reopen August 1st. Watch your emails for your August schedule and newsletter which will come out in July.