

Shepherd's Center Schedule – **AUGUST 2022**

Monday	Tuesday	Wednesday	Thursday
<p>1 9:30-10:30 AEROBICS Social Hall</p>	<p>2 ALL LINE DANCE IN SOCIAL HALL 9:30-10:15 BEGINNER LINE DANCE 10:15-11:45 INTERMEDIATE AND THEN SOME LINE DANCE</p>	<p>3 9:30-10:30 AEROBICS Social Hall 9:30-11:30 YOUNG AT ART Arthur Ctr.</p>	<p>4 9:30-11:00 TAI CHI, Social Hall 10:00-11:30 MORNING BREW CREW, Arthur Center</p>
<p>8 9:30-10:30 AEROBICS Social Hall 11:45-12:45 BOOK CLUB Rm 2200 Discussing <i>"A Gentleman in Moscow"</i> by A. Towles If you have questions about the club or book, call Cyndy Urquhart (864-590-6799)</p>	<p>9 ALL LINE DANCE IN SOCIAL HALL 9:30-10:15 BEGINNER LINE DANCE 10:15-11:45 INTERMEDIATE AND THEN SOME LINE DANCE 12:30 SASSY LADIES will be having lunch at Cribbs Kitchen on Main Street at 1:00. RSVP to Merle Whistenant at 864-504-2225.</p>	<p>10 9:30-10:30 AEROBICS Social Hall 9:30-11:30 YOUNG AT ART Arthur Ctr. 12:00 – 1:00 Shepherd's Ctr Brd. Mtg Rm 2208</p>	<p>11 9:30-11:00 TAI CHI, Social Hall</p>
<p>15 9:30-10:30 AEROBICS Social Hall</p>	<p>16 ALL LINE DANCE IN SOCIAL HALL 9:30-10:15 BEGINNER LINE DANCE 10:15-11:45 INTERMEDIATE AND THEN SOME LINE DANCE</p>	<p>17 9:30-10:30 AEROBICS Social Hall 9:30-11:30 YOUNG AT ART Arthur Ctr. 1:00 – 2:00 GAMERS: MOCKTAILS AND MYSTERIES, Oak Street Health</p>	<p>18 9:30-11:00 TAI CHI, Social Hall 10:00-11:30 MORNING BREW CREW, Arthur Center</p>
<p>22 9:30-10:30 AEROBICS Social Hall 1:00-2:00 YOGA/MINDFULNESS <u>Taught by Ginger Rogers of Yogaunme</u> In the Social Hall</p>	<p>23 ALL LINE DANCE IN SOCIAL HALL 9:30-10:15 BEGINNER LINE DANCE 10:15-11:45 INTERMEDIATE AND THEN SOME LINE DANCE</p>	<p>24 9:30-10:30 AEROBICS Social Hall 9:30-11:30 YOUNG AT ART Arthur Ctr.</p>	<p>25 9:30-11:00 TAI CHI, Social Hall 12:00 – 1:30 GAMERS - SPITE & MALICE (card game) Room 2216</p>
<p>29 9:30-10:30 AEROBICS Social Hall</p>	<p>30 ALL LINE DANCE IN SOCIAL HALL 9:30-10:15 BEGINNER LINE DANCE 10:15-11:45 INTERMEDIATE AND THEN SOME LINE DANCE</p>	<p>31 9:30-10:30 AEROBICS <u>Gym</u> 9:30-11:30 YOUNG AT ART Arthur Ctr 10:30 – 12:00 SUMMER SIZZLER SOCIAL, Social Hall</p>	